



present

4th Annual Hawk Indoor Marathon Sunday, December 20, 2015

Thomas Jefferson Community Center, 3501 2nd Street South, Arlington, VA

www.racepacket.com/calendar/frace.php?fid=307

supported by Friends of Arlington Parks & Safety And Health Foundation

- Welcome:** Join us for a unique event and get in one final marathon of 2015!
- Awards:** Cash prizes for 1st Place \$100, 2nd Place \$50, 3rd Place \$25 – M/ F
Entry fees reimbursed for all Olympic Trials qualifiers
- Premiums:** In addition to a t-shirt, finishers get a unique custom-designed Hawk Indoor Marathon belt buckle
- Race-Day Packet Pick-Up:** 12:00 noon-12:45 PM, Thomas Jefferson Community Center Arlington, VA
- Start Time:** 1:00 PM Time limit: 6 hours (must finish by 7:00 PM)
- Course Details** 211 Laps Water/Sports Drink stop every lap.
- Chip-timed race:** Both splits and total elapsed finish time will be recorded, backed up by manual lap counters
- History:** In June 2011, Michael Wardian set a world open record in the indoor marathon here
In June 2014, Chuck Engel set a world masters (40+) record here
- Awards:** \$100 for first man/woman, \$50 for second man/woman, \$25 for third man/woman overall.
- Entry Fee:** \$65 by December 1, 2015, \$75 thereafter, \$100 on race day
- Olympic Trials Qualifier:** The 26.2-mile course is USATF-certified, with fully-automatic timing, and therefore, a qualifier for USA Olympic Trials, Saturday, February 13, 2016, in Los Angeles CA; also a qualifier for Houston, Chicago, and New York City Marathons (but not for Boston)
- More information:** [Contact Bob Platt 703-486-1466 <bob@racepacket.com>](mailto:bob@racepacket.com)

4th Annual Hawk Indoor Marathon -- Mail-in Entry Form Make checks payable to RacePacket, PO Box 25094, Arlington VA 22202

First Name _____ Last Name _____
 Address _____
 City, State, ZIP _____
 Phone _____
 E-Mail _____
 Date of Birth _____ Age on 12/20/2015 ____
 Gender: M / F Entry Fee: [_____] \$65 \$75 \$100
 Shirt Size: S M L XL

Please read and sign waiver below before mailing:

I know that running a race such as this is a potentially hazardous activity, and I assume all risks associated with such an event. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the race officials relative to my ability to compete safely in this event. I assume all risks associated with running this event, including, but not limited to: falls, contact with other participants and non-participants, effects of weather (including high heat and/or humidity); traffic, the conditions of the road, all such risks being known and accepted by me and voluntarily undertaken. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Arlington County Virginia, Friends of Arlington Parks, Safety And Health Foundation, USATF, Road Runners Club of America, RacePacket, Inc., and all sponsors, their representatives and successors of this event from all claims or liabilities of any kind arising out of my participation in this event, even though liability may arise out of negligence or carelessness on the part of the person named in the waiver. I release my name and likeness to the sponsors of this event for publicity purposes.

 Signature Date Parent's Signature if under 18