



9th annual W&OD TRAIL 5K



In memory of
W&OD Trail founder Walter L. Mess
and Friends of the W&OD president Roger Neighborgall
Sunday, March 26, 2017 - 10:00 AM



**Washington & Old Dominion Trail at Bluemont Park South Shelter
329 North Manchester Street, Arlington, Virginia**

- Course** • Scenic, mostly flat course on Washington & Old Dominion Trail from Bluemont Park towards Falls Church and back
- Race Day** • Packet pick-up Sunday, March 26, 8:30 - 9:45 AM, at Bluemont Park South Shelter
- Post-race** • Refreshments • Awards to 1st, 2nd, 3rd overall M/F and 1st, 2nd, 3rd by 10-year age-group M/F
- Benefits** • Friends of the W&OD Trail and Falls Church-McLean Children's Center (www.fcmlcc.org)
- Open to all** • Runners and walkers welcome. Enjoy a lovely day on the W&OD Trail! See displays about the W&OD
- Directions** • From U.S. Route 50 (Arlington Boulevard), turn north on Manchester Street to the end, then turn right into free parking at Bluemont Park
- Sponsors** • See www.safetyandhealthfoundation.org/wod or call 703-927-4833 (Jay) or write racedirector@att.net

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Sponsor Opportunities:

Name Sponsor (\$1000)

- your corporate name on all publicity above the race name
- your corporate logo on front of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 150 runners' goodie bags; display on race day

T-shirt Sponsor (Front) \$500

- your corporate logo on front of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 150 runners' goodie bags; display on race day

T-shirt Sponsor (Back) \$250

- your corporate logo on back of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 150 runners' goodie bags; display on race day

T-shirt Supporter (back) \$100

- your corporate name on back of **W&OD Trail 5K** T-shirts
- listing on event website and in all event press releases
- insert in 150 runners' goodie bags; display on race day

Race-Day Exhibitor \$50

- listing on website and press releases; display on race day

Please send this form to **SHF, 611 South Ivy Street, Arlington VA 22204**
Make checks payable to **SHF** or **FoWOD**

Organization _____

Contact Name _____ **Business Phone** _____

Address _____

City, State, ZIP _____

E-mail _____

Web page _____

Enclosed is an additional donation: \$[_____] to **Falls Church-McLean Children's Center**

\$[_____] to **Safety And Health Foundation, Inc.** \$[_____] to **Friends of the W&OD Trail**

AmEx Master Visa _____ Exp.Date ____ - ____

Name on card _____ Card Code _____

I pledge in-kind support _____ (e.g., printing t-shirts or refreshments)

Gift certificates from your store or business (e.g., four or more \$25 certificates)