

Roosevelt Run 5K

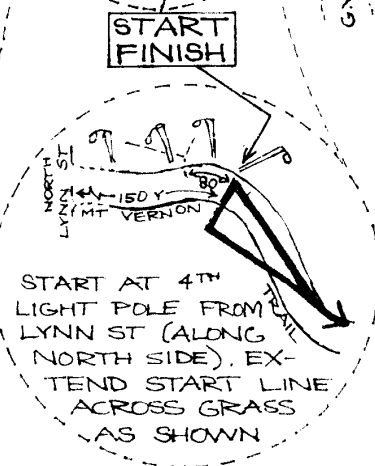
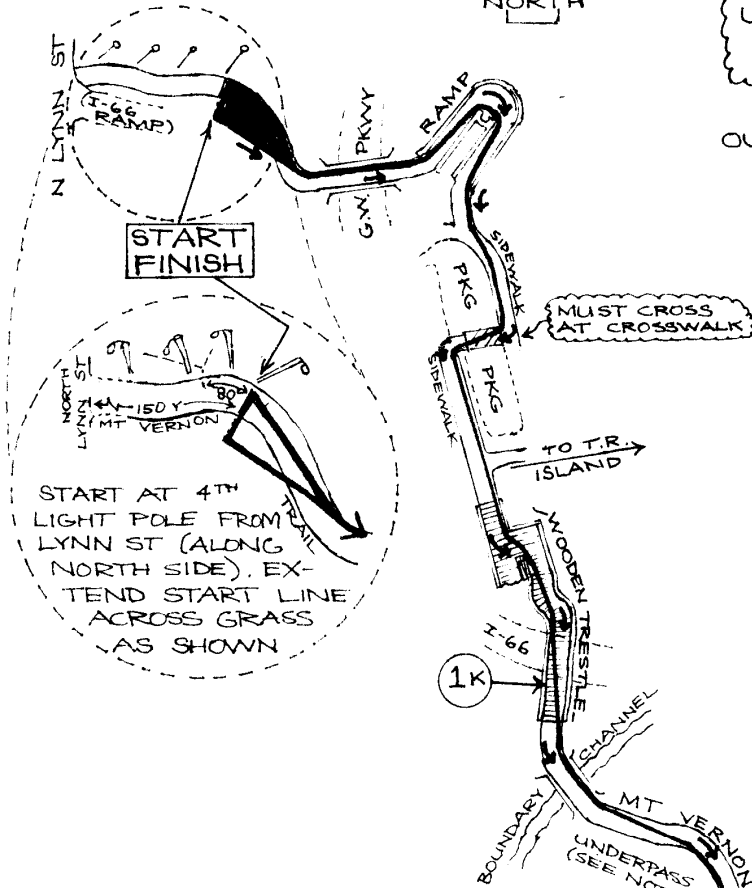
MAP NOT TO SCALE

(* P R = PREDICTIONS & RESOLUTIONS)

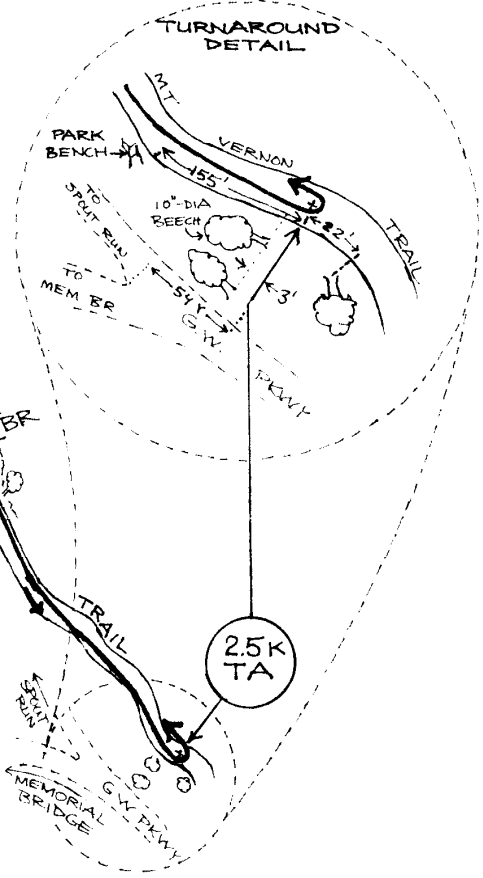


USATF-CERTIFIED
COURSE
VA-10078-RT

OUT-AND-BACK COURSE



NOTE
PATH UNDER MEMORIAL
BRIDGE IS VERY NARROW!
RUNNERS SHOULD BE
SINGLE-FILE. (DEPLOY MAR-
SHALS TO GUIDE AND AS-
SIST WITH TRAFFIC CONTROL)



LOCATIONS
START/FINISH: 4TH LIGHT POLE, ~150 Y FROM LYNN ST; 80 FT EAST OF FENCE CORNER.
1 km: 49 FT PAST (3RD & LARGEST) I-66 SPAN; 135 FT BEF END OF WOOD TRESTLE.
2 km: 134 Y S OF MEM BR UNDERPASS; 23 FT S OF LONE 2'-DIA TREE ON RIVER BANK; 10 FT N OF WILLOW.
2.5 km/TURNAROUND: 3 FT PAST POINT WHERE 10"-DIA BEECH ALIGNS WITH TREE AT ROAD EDGE; 22 FT N OF 2'-DIA WILLOW; 155 FT S OF PARK BENCH. DETAIL SHOWS ROAD REFERENCE.
NOTE: POINTS MARKED "PR." COURSE IS OUT-BACK, SO 3K=2K, 4K=1K.

ELEVATIONS: START/FINISH=HIGH: 14 m
LOWEST: 1 m
MEASUREMENT: 28 DEC 2010
BY R THURSTON

EFFECTIVE DATES OF CERTIFICATION
29 DEC 2010 - 31 DEC 2020

RET