

Jay Jacob Wind's mission is to see Arlington recognized as one of America's top communities for the sport of running.

As of June 2013, Jay has finished 150 full-distance 26.2-mile marathons and more than 3,000 shorter races. His fastest marathon was Boston 1980, where he finished 68th in 2:27:25, just 5:38 short of qualifying for the US Olympic Trials. He ran the last 30 Marine Marathons, finishing 25, winning the 50-54 age-group twice; and he has run Boston Marathon 29 times, including the last 19 in a row. As late as age 57, he continued to run sub-3:00 marathons, and his best in 2012 at age 62 were 3:18:00 at Houston (TX) Marathon and 3:21:25 at Hawk Indoor Marathon in Hagerstown MD.

Jay's success extended both to longer races – he won D.C. Road Runners Club's 1983 Fort Meade 50-miler – and shorter races, where he earned All-American status at 3,000 meters (1.86 miles) every year 1995-2004, with a best of 9:37. He ran all 10 Arlington Hospital 10Ks, finishing 2nd in 1980 and 3rd in 1989. He won Arlington YMCA Trick or Treat Trot 5K twice in 1989 and 1999 and the Y's Mother's Day 10K once. In his prime, Jay won Delaware Minuteman Marathon in 1980 in 2:32:12 and finished 3rd at DC Marathon and Historic Gettysburg Marathon in 1981.

Jay was inducted into Arlington Sports Hall of Fame in 2007. He was named Better Sports Club of Arlington's 2003 Sportsman of the Year; Potomac Valley Track Club's (PVTC) 1999 President's Award winner and 2001 Ed Barron Memorial Service Award winner; Seaboard Region United Synagogue of Conservative Judaism Men's Club 2002 "Blue Yarmulke Man of the Year," for organizing his temple's Mitzvah 5K; DC Road Runners Club 1998 Outstanding Male Masters Runner and 1980 Most Improved Male Athlete; Arlington County Board and Arlington Sun Gazette's 1997 Arlington "Community Hero" Award winner; Road Runners Club of America's 1994 National Volunteer Award winner; Washington Running Club 1983 Alfred Tom Felde Awardee for Outstanding Club Member; and one of *Metro Sports Magazine's* 2001 "Five Most Influential People in the DC area running community."

As a volunteer, Jay coached Arlington's Hershey Youth Track and Field Program 1987-1995 and co-founded PVTC's Young Flyers Track & Field Program in 1996 and coached it ever since, leading more than 1000 young runners to the finish line. Since 2002, Jay coached more than 1000 adult marathoners for many charities.

Jay has directed more than 400 races in the DC area. He started with Arlington's Toughest 10K in 1981, attracting more than 500 participants. In 1987, DC Road Runners Club appointed him as director of Arlington's All-Comers Indoor Track Meets at Thomas Jefferson Community Center. He built the meets into a regional attraction, with 400 athletes at each meet from all over the DC area and the East Coast. He directs Tidal Basin Run's monthly 1500M-3000M-5000M races. He directed Arlington-Fairfax Jewish Congregation (now called Congregation Etz Hayim)'s Mitzvah Run 5Ks 1998-2003; Arlington-based Vanguard Foundation's Run for Recovery 5K 2001-2002, where Angolan Olympian Aurelio "Miti" Handanga ran 13:58, the fastest 5K ever run on a USATF-certified course in Washington DC; Safety And Health Foundation's Potomac River Run Marathon and Half 2004-2013, raising more than \$200,000 for the marathon's partner charities; Friends of the W&OD 10K (the area's first "green" race); Grant-Pierce Indoor Marathon, where Michael Wardian set a world-record 2:27:12 in 2010; Abebe Bikila Day International Peace Marathon and Half; and Mobil Invitational / Adidas Invitational high school and masters' miles at George Mason University, where Julia Stamps set a national high school girls' record and Steve Scott set a national masters' record, both in 1991. Jay ran his PR of 4:42 at that one-mile race.

He serves Safety And Health Foundation as a director and contracts with a dozen DC-area races each year as their expert consultant for document design, registration, and results.

Since 1999, Jay has written the weekly “Arlington Running Roundup” column for *Arlington Sun Gazette*, covering every Arlington race and top performances by Arlington runners locally and nationwide, promoting Arlington as a nationally-recognized running town. He focused particularly on Arlington’s every-growing number of Boston Marathon entries and on Army Ten Miler and Marine Corps Marathon, which both start and finish in Arlington.

Jay served on Arlington’s Park & Recreation Commission 1991-1998, including two years as chairman. He chaired Arlington County’s bond issue campaigns for parks and recreation every two years 1992-2012, raising over \$500 million for Arlington’s parks. For this work, he received a Certificate of Appreciation from Northern Virginia Regional Parks Authority. He serves Arlington County Civic Federation as its Park & Recreation Committee chair and received its Certificates of Appreciation in April 2001 and April 2004.

Jay was born in Chicago, Illinois, and got his start running to and from Evanston Township High School. He graduated from University of Wisconsin – Madison in 1971 with a BA in Psychology and from University of Georgia in 1977 with an MBA in Management Science. He moved to Arlington in 1978. Jay is married to Estelle Roth and has three children, Paul (now 27), Julianna (26), and Rosalie (24). In his last job before he retired to be a full-time race director, he worked for The Centech Group, based in Falls Church VA, and managed the Cost & Progress Project for the U.S. 2010 Decennial Census. Jay was a certified Project Manager Professional (PMP) and Capability Maturity Model Integration (CMMI) auditor.